



St Teresa of Lisieux

Lunch Menu



Week 1

04.09.19 – 23.09.19 – 14.10.19 – 18.11.19 – 09.12.19

Week 2

09.09.19 – 30.09.19 – 21.10.19 – 25.11.19 – 16.12.19

Week 3

16.09.19 – 07.10.19 – 04.11.19 – 02.12.19

AUTUMN TERM 19	Week 1	Week 2	Week 3
Monday	Sausages Potato Waffle Baked Beans Grab & Go Jacket Potato Cheese/ Beans Dessert selection	Beef Burger in a Star Bun Seasoned Potato Wedges Spaghetti Rings Grab & Go Jacket Potato Cheese/Beans Dessert Selection	Vegetable Pizza Or Peperoni Pizza Herby Diced Potato & Sweetcorn Grab & Go Jacket Potato Cheese /Beans Dessert Selection
Tuesday	Spaghetti Bolognaise Garlic & Herb Wedge Grab & Go Jacket Potato Cheese/Beans Dessert Selection	BBQ Chicken Wraps Rainbow Rice Green Beans Grab & Go Jacket Potato Cheese/Beans Dessert Selection	Sausage Roll Curly Potatoes Baked Beans Grab & Go Jacket Potatoes Cheese/ Beans Dessert Selection
Wednesday	Chicken Curry, White Rice Naan Bread & Spinach Grab & Go Jacket Potato Cheese/ Beans Dessert Selection	Lamb Tikka Masala Basmati Rice & Samosa Grab & Go Jacket Potato Cheese/Beans Dessert Selection	Beef Curry Long Grain Rice Naan Bread & Spinach Grab & Go Jacket Potato Cheese/Beans Dessert Selection
Thursday	Roast of the Day Roast Potatoes Seasonal Vegetables Homemade Gravy Grab & Go Jacket Potato Cheese / Beans Dessert Selection	Roast of the Day Roast Potatoes Seasonal Vegetables Homemade Gravy Grab & Go Jacket Potato Cheese/Beans Dessert Selection	Roast of the Day Roast Potatoes Seasonal Vegetables Homemade Gravy Grab & Go Jacket Potato Cheese/Beans Dessert Selection
Friday	Fishy Friday Oven Chips Baked Beans, Spaghetti or Mushy Peas Jacket Potatoes / Cheesy Beans Dessert Selection	Fishy Friday Oven Chips Baked Beans, Spaghetti or MushyPeas Jacket Potatoes / Cheesy Beans Dessert Selection	Fishy Friday Oven Chips Baked Beans, Spaghetti or MushyPeas Jacket Potatoes / Cheesy Beans Dessert Selection

Grab and Go

There are 12 choices from our cold bar that are available Monday to Thursday, along with a wide range of desserts that are available Monday to Friday

Some of these dishes include:

Sustainably sourced fish



Red Tractor Farm Assorted



In season Locally produced



Free Farming



GRAB & GO

Sandwiches

- Ham
- Cheese
- Tuna mayo
- Egg mayo
- Cheese Baguette
- Ham Baguette
- Ham Bagel
- Cheese Bagel
- Ham Wrap
- Tuna Pasta
- Salad pots are also available

Summer Desserts

- Chocolate and Mandarin cupcake
- Fruit Jelly
- Assortment Cookies
- Flavoured Ice cream and Toppings
- Beetroot Brownies
- Mini Donuts
- Fresh fruit pots
- Watermelon Slices
- Honeydew Melon
- Fruit Shortbread
- Carrot and Cucumber Pots

Lemon Drizzle cupcakes