

St Teresa of Lisieux

Lunch Menu



	Week 1 (8.1.18)(29.1.18)(19.2.1)(8 12.3.18)	Week 2 (15.1.18)(5.2.18)(26.2.18)(19.3.18)	Week 3 (22.1.18)(5.3.18)(26.3.18)
Monday	Pork Sausages Herby Potatoes Baked Beans Grab & Go Selection of Desserts Jacket Potato Cheese Beans / Tuna	Meat Free Monday Assorted Vegetable Pizzas Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans / Tuna	100% Beef Burger Seasoned Wedges Peas and Corn Grab & Go Selection of Desserts Jacket Potato Cheese Beans / Tuna
Tuesday	Sweet and Sour Chicken White Rice Spring Rolls Grab & Go Selection of Desserts Jacket Potato Cheese Beans / Tuna	Hunters Chicken Mixed Pepper Rice Grab & Go Selection of Desserts Jacket Potato Cheese Beans / Tuna	Crispy Chicken Wrap Rainbow Rice Crunchy Salad Grab & Go Selection of Desserts Jacket Potato Cheese Beans / Tuna
Wednesday	Roast of the day Roast potatoes/Seasonal Vegetables Homemade Gravy Grab & Go Selection of Deserts Jacket Potato Cheese/ Beans Tuna	Roast of the day Roast Potatoes/Seasonal vegetables Homemade Gravy Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans / Tuna	Roast of the day Roast Potatoes /Seasonal Vegetables Homemade Gravy Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans / Tuna
Thursday	Chicken Curry & Rice Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans or Tuna	Chicken Tikka Massala Basmati Rice / Naan Bread Samosa Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans or Tuna	Scouse with Crusty Bread Grab & Go Selection of Desserts Jacket Potato Cheese/ Beans or Tuna
Friday	Fishy Friday (Variety of sustainably sourced fish) Oven Chips Baked Beans, Spaghetti or Mushy Peas Grab and Go Selection of Summer Deserts	Fishy Friday (Variety of sustainably sourced fish) Oven Chips Baked Beans, Spaghetti or MushyPeas Selection of Summer Deserts	Fishy Friday (Variety of sustainably sourced fish) Oven Chips Baked Beans, Spaghetti or MushyPeas Selection of Summer Deserts

There are 12 choices from our cold bar that are available Monday to Thursday, along with a wide range of desserts that are available Monday to Friday. Wholemeal bread and Fresh Fruit is available daily in addition to our lunch menu.

Some of these dishes include:

Sustainably sourced fish



Red Tractor Farm Assorted



In season Locally produced



Free Farming



GRAB & GO

Sandwiches

Ham
Cheese
Tuna mayo
Egg mayo
Cheese Baguette
Ham Baguette
Ham Bagel
Cheese Bagel
Ham Wrap
Tuna mayo Wrap
Tuna Pasta
Cheesy Pasta
Salad pots are also available

Summer Desserts

Chocolate and Mandarin cupcake
Fruit Jelly
Assortment Cookies
Flavoured Ice cream and Toppings
Beetroot Brownies
Fresh fruit pots
Watermelon Slices
Honeydew Melon
Fruit Shortbread
Carrot and Cucumber Pots
Raisin Pot