



Week Commencing 31/08/20

## DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From		Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Homemade Vegetable Stir-Fry with Egg Noodles and Spring Rolls	Homemade Spanish Chicken with Chorizo served with Rice and Peas	Fish Fingers with Chips and Baked Beans
<b>Alternative</b> Jacket Potatoes with Tuna and other Fillings Available Daily		Tomato and Basil Pasta	Vegetable and Cheese Quesadillas	Vegetable Paella	Homemade Salmon and Leek Fish Pie
<b>Homemade Soup</b>		Leek and Potato	Chef Choice	Broccoli and Cheddar	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available		Pizza Base	Egg Noodles	Wholemeal Rice	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus		Tomatoes	Carrots and Chives	Mixed Peppers	Homemade Chips
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time		Fresh Fruit Salad  Yoghurts	Homemade Scones with Jam or Cream  Yoghurts	Fresh Fruit Pavlova  Fresh Fruit	Cheese and Crackers  Fresh Fruit

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Week Commencing 07/09/20

## DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Curry with Yoghurt and Mint Dip Served with Brown Rice	Homemade Chicken and Ham Pie with Puff Pastry served with Minted New Potatoes and Seasonal Veg	Homemade Enchilada Tray Bake Served with Garden Salad	Homemade Spaghetti Bolognese served with Warmed Ciabatta Bread	Homemade Battered Fish with Chip and Minted Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Spring Rolls or Samosa	Pesto Pasta	Cheese and Tomato Panini With Mozzarella Cheese	Spanish Omelette	Veggie Sausage Roll
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Vegetable</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Rice	New Potatoes	Wraps	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Hidden Veg</b>	<b>Peas</b>	<b>Fresh Salad</b>	<b>Tomatoes</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake  Fresh Fruit	Vanilla Cheesecake  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Apple Turnovers  Fresh Fruit	Cheese and Crackers with Yoghurts  Fresh Fruit

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Week Commencing 14/09/20

## DAILY CHEF SPECIALS!

Week 3	Monday	Tuesday	Wednesday	Welcome Back Carvery	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Vegetable Lasagne served with Salad and Crusty Bread	All Day Breakfast with Sausage, Hash Brown, Mushrooms, Scrambled Egg, Beans	Quorn Mince with Homemade Mashed Potato and Green Beans	Chicken and Ham Roast Dinner served with Seasonal Vegetables, Roast potatoes, Stuffing and Gravy	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Cherry Tomato Quiche	Creamy Cheese and Pasta Bake	Vegetarian Moussaka served with Salad	Tuna Pasta Salad	Tandoori Salmon Served with Tear Drop Naan Bread
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Leek and Potato</b>	<b>Chef Choice</b>	<b>Tomato and Basil</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pasta	Wholemeal Toast	Mashed Potato	Roast Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummus	<b>Tomatoes</b>	<b>Mushrooms</b>	<b>Green Beans</b>	<b>Broccoli</b>	<b>Mushy Peas</b>
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Apple Flapjacks  Fresh Fruit	Yoghurt Fruit Crunch Pots  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Sticky Toffee Pudding  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 21/09/20

## DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Cheese and Tomato Pizza with mixed Salads	Homemade Liverpool Scouse Served with Beetroot and Pickles	Homemade Tomato Pasta Bake Served with Green Beans and Crusty Bread	Sweet and Sour Chicken Cantonese Style served with Rice	Homemade Battered Fish served with Homemade Chips and Garden Peas
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Asian Noodles	Twice Baked Jackets	Falafel Pitas with Vegetable Rice	Vegetable Sausage Toasties	Veggie Sausage Rolls
<b>Homemade Soup</b>	Chef Choice	Cream of Tomato	Chef Choice	Vegetable	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Pizza Base	Potato	Pasta	Wholemeal Rice	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Tomato sauce	Carrots	Green beans	Mixed peppers	Garden Peas
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Angie's Cookies  Fresh Fruit	Marble Cake  Fresh Fruit	Homemade Cheesecake  Yoghurts	Fresh Fruit Salad  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 28/09/20

## DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	"Frys Chicken style" Stir Fry with Egg Noodles and Stir Fry Vegetables	Beef Stifado served with Vegetable Rice and Yoghurt and Cucumber Dip	Quorn Mince Shepherd's Pie served with Seasonal vegetables	Cumberland Sausage Wellington served with Minted New Potatoes and Cauliflower Cheese	Fish Fingers served with Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Baked Samosa or Spring Roll	Aubergine Gratin	Cheese and Onion Quiche	West African Jollof Rice	Homemade Salmon Fish Pie
<b>Homemade Soup</b>	Chef Choice	Broccoli Soup	Chef Choice	Chinese Sweetcorn	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Noodles	Rice	Mash	Minted New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Bean Sprouts	Tomatoes	Seasonal Vegetables	Cauliflower	Beans
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Bakewell Flapjacks  Fresh Fruit	Shortbread Biscuits  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Syrup Sponge and Ice Cream  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 05/10/20

## DAILY CHEF SPECIALS!

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Creamy cheese Broccoli and Pasta Bake served with Crusty Bread	Caribbean Curry served with Wholemeal Rice and Green Beans	"Frys Chicken Bites" wrap with Sweet Chilli Sauce and Mixed Salads	Roast Ham served with Sautéed Garlic Potatoes and Baby Carrots	Fish Fingers with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Red Pepper Quiche	Samosa and Spring Rolls	Vegetable Ramon Noodle Soup with Half a Boiled Egg	Vegetable Fried Rice	Fish Cake
<b>Homemade Soup</b>	Chef Choice	Red Pepper	Chef Choice	Vegetable	Chef Choice
<b>Starchy Food</b> Various Bread Choices Available	Wholemeal Pasta	Wholemeal Rice	Wraps	New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	Broccoli	Green Beans	Mixed Salad	Cauliflower	Baked Beans
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Gingerbread Men  Fresh Fruit	Pineapple Upside Down Cake  Fresh Fruit	'Chocolate Fudge Cake'  Fresh Fruit	Scones with Butter and Jam  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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Week Commencing 12/10/20

## DAILY CHEF SPECIALS!

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Homemade wedges and Salad	Swedish Meatballs served with Mashed Potato, Garden Peas and Gravy	Homemade Broccoli and Cream Cheese Pasta Bake served with Salad and Crusty Bread	Homemade Spaghetti Bolognese served with Crusty Bread	Local Sausage and Chips served with Baked Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Tomato Pasta	Twice Baked Jackets	Vegetable and Cheese Quesadillas	Cheese and Chive Quiche	Homemade Salmon Fish Pie served with
<b>Homemade Soup</b>	<b>Chef Choice</b>		<b>Chef Choice</b>	<b>Tomato</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Pizza Base	Mash Potato	Wholemeal Pasta	Spaghetti	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Cucumber/Tomato</b>	<b>Garden Peas</b>	<b>Broccoli</b>	<b>Carrots</b>	
<b>Dessert</b> Fresh Fruit, Selection of Low Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Sponge  Fresh Fruit	Choc Ice  Fresh Fruit	Fresh Fruit Salad  Yoghurts	Carrot Cake  Fresh Fruit	Homemade Cupcakes  Yoghurts

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Week Commencing 19/10/20

## DAILY CHEF SPECIALS!

Week 8	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Halloumi Fajita served with Cucumber, Sweetcorn, Sweet Red Pepper and Savoury Couscous	Caribbean Curry served with Wholemeal Rice and Green Beans	Homemade Quorn Mince Cottage Pie served with Baby Carrots	Cumberland Sausage Wellington served with Minted New Potatoes and Cauliflower Cheese	Fish Fingers with Homemade Chips and Beans
<b>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</b>	Spaghetti with Tomato and Basil Sauce	Samosa and Spring Rolls	Red Onion Quiche	Vegetable Fried Rice	Fish Cake
<b>Homemade Soup</b>	<b>Chef Choice</b>	<b>Red Pepper</b>	<b>Chef Choice</b>	<b>Vegetable</b>	<b>Chef Choice</b>
<b>Starchy Food</b> Various Bread Choices Available	Wrap	Wholemeal Rice	Mashed Potato	New Potatoes	Homemade Chips
<b>Vegetables</b> Salad Bar with Hummous	<b>Broccoli</b>	<b>Green Beans</b>	<b>Baby Carrots</b>	<b>Cauliflower</b>	<b>Baked Beans</b>
<b>Dessert</b> Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Cherry Flapjacks  Fresh Fruit	Warmed Scotched Pancakes with Ice Cream and Golden Syrup	Fresh Fruit Salad  Mixed Yoghurts	Scones with Butter and Jam  Fresh Fruit	Cheese and Crackers  Mixed Flavour Yoghurts

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