

# EMOTIONS

**Understanding your emotions and those of others**

Friday is NATIONAL SMILE DAY and each day this week we have spotted a SUPER SMILEY STUDENT and asked them what makes them smile and how do they make other people smile?

**Monday** – It makes me smile when my friends help me and I like to make others smile by asking people if they feel alright?



**Tuesday** – Coming to school makes me smile because of my teacher Miss Barker and doing maths- I like to make people smile by being kind!



**Wednesday** – I like playing in school and that makes me smile and I make my friends smile by being nice to them!



**Thursday** – Playing hopscotch with my friends makes me smile and I make my friends smile by helping them.



**Friday** – Playing with my friends makes me smile and I make them smile by laughing and helping them.

