



Week Commencing 04/01/22

DAILY CHEF SPECIALS!

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Bank Holiday	Homemade Vegetable Curry Served with Rice and Mango Chutney	Homemade Scouse served with Crusty Bread and Beetroot	Vegetable Stir fry served with Noodles and Stir fry Vegetables	Fish Fingers or Fish Pie with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Bank Holiday	Red Onion Quiche	Twice Baked Jacket Potatoes	Veg Samosa and Spring Rolls With salad and Chutney	Veggie Rolls
Homemade Soup		Chef Choice	Tomato and Basil	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Bank Holiday	Rice	Potato	Noodles	Homemade Chips
Vegetables Salad Bar with Hummus		Green Beans	Carrots	Broccoli	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Bank Holiday	Marble Cake served with Custard Fresh Fruit	Homemade Rice pudding with Jam Fresh Fruit	Iced Shortbread Fresh Fruit	Cheese and Crackers Fresh Fruit

All our meat is from local suppliers, we use free range eggs, organic milk, pasta, and flour when available. All of our fruit and vegetables are locally sourced where possible. Halal options available.

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Week Commencing 10/01/22

DAILY CHEF SPECIALS!

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Wedges and Beans	Homemade Spanish Chicken Served with Rice and corn on the Cob	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms and Hash Browns	Ham Roast Dinner with Cauliflower Cheese, Roasted New Potatoes, Baby Carrots and Gravy	Homemade Battered Fish with Chip and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Pesto Pasta	Cherry Tomato Quiche	Quorn Mince Cottage Pie	Broccoli and Pasta Bake	Veggie Sausage Roll
Homemade Soup	Chef Choice	Vegetable	Chinese Sweetcorn	Leek and Potato	Chef Choice
Starchy Food Various Bread Choices Available	Homemade Pizza Base	Rice	Wholemeal Toast	Roast Potato	Homemade Chips
Vegetables Salad Bar with Hummus	Celery and Cabbage	Peppers	Mushrooms	Carrots and Broccoli	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Vanilla Cheesecake Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Flapjacks Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegetarian Swedish Meatballs served with Spaghetti in Tomato Sauce	Cumberland Sausage Slice served with Homemade Wedges and Brown Sauce	Homemade Chicken Curry served with Rice and Naan Bread	Homemade Shepherd's Pie served Seasonal Vegetables	Fish Cake or Fish Fingers and Chips Served with Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Tuna Pasta with Cucumber and Red Onion	Veggie Sausage Toasties	Twice Baked Jacket Potatoes	Tandoori Salmon Served with Pitta Bread
Homemade Soup	Chef Choice	Leek and Potato	Red Pepper Soup	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Pasta	Mash Potato	Wholemeal Rice	Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Green Beans	Cabbage	Carrots	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Iced Apple Flapjacks Fresh Fruit	Fresh Fruit Trifle Fresh Fruit	Sticky Toffee Pudding Yoghurts	Fresh Fruit Salad Fresh Fruit	Rich 'Chocolate' Cookies Mixed Flavour Yoghurts

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Week Commencing 24/01/22

DAILY CHEF SPECIALS!

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza with Wholemeal Pizza Base served with Homemade Wedges and Salad	Chicken Roast Dinner with Roast Potatoes, Stuffing, Broccoli, Carrots and Gravy	Homemade Sausage and Mashed Potato with Onion Gravy	Lamb Kofta Kebab served with Pita Bread, Vegetable Rice and Homemade Coleslaw	Fish Fingers with Chips and Baked Beans
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Vegetable Fried Rice	Asian Noodles	Tomato and Basil Pasta	Homemade Salmon and Leek Fish Pie	Veggie Sausage Roll
Homemade Soup	Leek and Potato	Tomato and Basil	Carrot and Coriander	Broccoli and Cheddar	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Roast Potato	Mash Potato	Rice	Homemade Chips
Vegetables Salad Bar with Hummus	Mixed Salad	Seasonal Vegetable	Broccoli	Carrots	Baked Beans
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Yoghurts	Cherry Bakewell Slice served with Custard Fresh Fruit	Carrot Cake Yoghurts	Fruit Jelly Fresh Fruit	Cheese and Crackers Fresh Fruit

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Week Commencing 31/01/22

DAILY CHEF SPECIALS!

Week 5	Monday	Tuesday Chinese New Year	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Vegetable Sausage and Mash Potato served with Gravy and Baby Carrots	Chicken Stir fry served with Egg Noodles and Stir Fry Vegetables and Prawn Crackers	All Day Breakfast with Sausage, Scrambled Egg, Wholemeal Toast, Mushrooms, Roasted Tomatoes	Homemade Spaghetti Bolognese served with Crusty Bread	Fish fingers with Chips and Minted Mushy Peas
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Tomato Pasta	Veggie Spring Rolls with Sweet Chilli and Salad	Cheese and Tomato Toasties	Macaroni Cheese and Peas	Veggie Sausage Roll
Homemade Soup	Chef Choice	Chinese sweetcorn	Chef Choice	Tomato and Basil	Chef Choice
Starchy Food Various Bread Choices Available	Mash Potato	Noodles	Wholemeal Toast	Spaghetti	Homemade Chips
Vegetables Salad Bar with Hummus	Carrots	Peas	Mushrooms	Tomatoes	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	'Chocolate' Fudge Cake Fresh Fruit	Ice Cream Fresh Fruit	Sponge Cake with Custard Yoghurts	Homemade Cookies Fresh Fruit	Cheese and Crackers with Yoghurts Fresh Fruit

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Week 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From	Homemade Pizza served with Wedges and Beans	Ham Roast Dinner served with Roast Potatoes, Stuffing and Seasonal Vegetables	Homemade Chicken Curry served with Basmati Rice and Mango Chutney	Homemade Scouse served with Red Cabbage and Crusty Bread	Chicken Burger in a Bun with Chips and Fresh Salad
Alternative Jacket Potatoes with Tuna and other Fillings Available Daily	Cherry Tomato Quiche served with Crispy Fresh Salad	Veggie Sausage Toasties	Vegetable Stir Fry	Twice Baked Jacket Potatoes	Veggie Burger in a Bun
Homemade Soup	Chef Choice	Leek and Potato	Broccoli and Cheddar	Chef Choice	Chef Choice
Starchy Food Various Bread Choices Available	Pizza Base	Roast Potato	Mash	Potatoes	Homemade Chips
Vegetables Salad Bar with Hummus	Tomatoes	Green Beans	Green Beans	Spring Onions	Mushy Peas
Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time	Fresh Fruit Salad Fresh Fruit	Yoghurt Fruit Crunch Pots Fresh Fruit	Rice Pudding with Jam Yoghurts	Homemade Apple Crumble served with Custard Fresh Fruit	Apple Flapjacks Mixed Flavour Yoghurts

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Week 7	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Main Meal We Provide A Variety of Seasonal Hot and Cold Dishes for Children to Freely Choose From</p>	Cheese and Tomato Quesadilla served with Vegetable Rice and Salad	Homemade Chicken Pie served with Mash Potato and Gravy	Vegetable Ravioli in Homemade Tomato Sauce	Turkey Roast Dinner served with Cauliflower Cheese and Roast Potatoes	Fish Fingers served with Chips and Mushy Peas
<p>Alternative Jacket Potatoes with Tuna and other Fillings Available Daily</p>	Tuna Pasta with Cucumber and Red Onion	Cherry Tomato Quiche	Creamy Cheese Pasta Bake	Vegetable Paella	Veggie Sausage Roll
Homemade Soup	Chef Choice	Split Pea	Tomato and Basil	Chef Choice	Chef Choice
<p>Starchy Food Various Bread Choices Available</p>	Wraps	Mash	Pasta	Roast Potato	Chips
<p>Vegetables Salad Bar with Hummus</p>	Mixed Salad	Peas	Tomatoes	Cauliflower	Peas
<p>Dessert Fresh Fruit, Selection of Low-Fat Yoghurts and Homemade Puddings Available Every Lunch time</p>	Iced Shortbread Fresh Fruit	Sponge Cake with Custard Fresh Fruit	Fresh Fruit Salad Yoghurts	Apple Flapjacks Fresh Fruit	Cheese and Crackers Mixed Flavour Yoghurts

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